



Things to Carry on the Dharasmhala Program:

1. **Comfortable clothes**, at least two full sleeved shirt/ t-shirt and two trousers, woollen sweater/ pull over as per weather. Pack a light jacket/ windcheater.
2. **Hat or cap** to protect yourself from the sun.
3. **Additional pairs of socks**
4. **Footwear:** You will be walking a lot carry comfortable walking shoes.
5. **Towel:** Though hotels provide towels its best if you carry your own towel.
6. **Toiletries:** tooth brush, toothpaste, comb, shampoo & soaps. Soaps & Shampoos provided at the hotel but not on trains.
7. AC blanket while travelling in bus from Delhi to McLeod Ganj and back
8. Insect & Mosquito repellent
9. Collapsible Umbrella
10. **Sunglasses, sunscreen or sunblock**
11. **Hand Sanitizer**– comes in handy before and after meals.
12. **Medicines** –carry your personal medicines with a prescription. Our First Aid kit has all the essentials.
13. **Identity proof**–adults to carry the original ID issued by Government of India. Students to carry School photo ID in original.
14. Torch & a whistle
15. Sketching book, Crayons, Sketch pens, Notepad & Pencil
16. Binocular (if possible)
17. Water bottles

Things to remember on every journey with Explorars:

- ☞ Respect natives in the destinations and avoid passing comments.
- ☞ Keep at a safe distance from animals
- ☞ Be a responsible Explorer – listen to instructions carefully and await your turn to comment.
- ☞ Your bus/coach will be with you for your entire Tour. The bus must be kept neat and clean. Do use garbage bags provided on the bus to dispose any litter.
- ☞ Keep your hotel room clean and tidy as you are going to share it with your friends. You will be responsible for any damage. Keep your volumes low lest you disturb others around you.
- ☞ Your valuables are your responsibility. Keep them with you at all times.
- ☞ Stay with the group always. Do not venture out alone for any reason.
- ☞ Explorars does not encourage visits to or by family or relatives as it works against our learning objectives and timeliness.
- ☞ We do not tolerate intoxicants of any kind. Students found in possession of any objectionable items including cigarettes and alcohol will be sent home immediately at parental expense.
- ☞ No weapons of any kind are allowed.

IMP :

1. Please label all your belongings mentioning **Name, Grade and School**.
2. In our effort to minimise usage of plastic and wastage of water we dissuade individual use of bottled water and have made provisions for RO treated drinking water during the course of your journey. You are requested to bring your own water which you can keep filled for drinking water

Note: These rules are the guidelines for your program with **Explorars**. Your Program Director might have additional regulations, do respect them as they are in the collective interest of the group. Unless otherwise stated above, a violation of any of the above rules will result in a telephone call to the student's parents.

Repeat violations may result in the student being sent home at parental expense.