



केन्द्रीय माध्यमिक शिक्षा बोर्ड
CENTRAL BOARD OF SECONDARY EDUCATION

CBSE/ACAD/DD(MS)/SPORTS/2018

Date: 25.07.2018
Circular No.Acad-21/2018

Principals/ Heads of the Institutions
All CBSE affiliated Schools

Sub: Mainstreaming Health and Physical Education in Schools – reg.

Please refer to CBSE circular no.Acad-10/2018 dated 21.03.2018 and Circular No.Acad-11/2018 dated 25.04.2018, regarding Mainstreaming Health and Physical Education in Schools, wherein schools were advised to reserve one period every day for Health and Physical Education especially for class IX to XII from session 2018-19 onwards. The transactional strategies, detailed guidelines and methodology for administering HPE (Health and Physical Education) to students are already available on CBSE website.

For keeping the record of all activities of HPE, a format of 'Health and Activity Card' is enclosed at Annexure-A. Further, it is made mandatory for the schools to upload a report of work accomplished across the strands of HPE in the prescribed manner, for enabling students of class X and XII to appear in the Board exam. The said report is to be uploaded by the schools while registering their students online (LOC) w.e.f. 2018-19 onwards.

Individual data of students shall be maintained by schools. It shall be the responsibility of the school to maintain the privacy of data and protect it in the interest of the young students.

For any further details, the schools may contact **Dr. Manjit Singh**, Sports Cell, CBSE, Delhi at manjit.cbse@gmail.com

(Anita Karwal, IAS)
Chairperson, CBSE

Copy to the respective heads of Directorates, Organizations and Institutions as indicated below with a request to disseminate the information to all the schools under their jurisdiction:

1. The Additional Director General of Army Education, A-Wing, Sena Bhawan, DHQ, PO, New Delhi – 110001
2. The Secretary, AWES, Integrated Headquarters of Mod (Army), FDR Building No.202, Shankar Vihar (Near APS), Delhi Cantt – 110010
3. The Under Secretary (EE-1), MHRD, Govt. of India, Department of SE&L, Shastri Bhawan, New Delhi – 110001
4. All Regional Directors/ Regional Officers of CBSE with the request to send this circular to all the Heads of the affiliated schools of the Board in their respective regions.
5. All Directors/ Joint Secretaries/ Deputy Secretaries/ Assistant Secretaries, CBSE
6. In Charge IT Unit with the request to put this circular on the CBSE Academic website
7. SPS to Secretary, CBSE
8. SPS to Controller of Examinations, CBSE



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9. SPS to Director (Information Technology), CBSE
10. SPS to Director (Special Exams and CTET), CBSE
11. PS to Joint Secretary (Coordination), CBSE
12. PS to Joint Secretary (IT)

Sd/-
Chairperson, CBSE